

Carolina Preseve January Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Happy New Year! Bradford Hall Holiday Hours: 10a—2p	2 HOA Board - 9a Card Making Wkshp - 10a Singles Club - 6:30p	3 ARC - 9a CP Next Generation Group -7:30p	4 LE: Movie Matinee—11a / 2p “ <i>The Kitchen</i> ”
5 LE: Gather—3p	6 Newman Club - 6p Globetrotters Club - 7p PBX I - 7p	7 <u>Ticket Tuesday</u> - 10a Cary Police Department CAP Appreciation Banquet - 6p	8 Shalom Club - 9:30a Quilting - 9:30a CP Dance - 10:30a Veteran’s Club - 1p Dementia Caregivers - 1:30p CERT Board - 2p ARC -3p LAC - 3p Bunco -7p Genealogy -7p	9 Women’s Bible Study - 10a CP Dance - 11:30a LE : The Templeton- 3p BYOB - 6:30p	10 LE: Acrylic Pour Painting Class - 10a LE: Club & Group Leader Training - 10a Card Making Workshop - 10a	11 CERT - 9a LE: Movie Matinee - 11a / 2p “ <i>Welcome to Marwin</i> ” SPSS - 7p
12 LE: Documentary/ Foreign Film Series-3p	13 SPSS -1p Writers Group - 2p Christian Fellowship - 6:30p HOA Meet the Landscaper - 6:30p	14 <u>Ticket Tuesday</u> 10a Java & Jabber - 10a TED Group - 12:30p Shalom Club - 1p Calabria Club - 6p PBX II -7p	15 CP Dance - 10:30a Finance Committee- 1p Democratic Club - 3p Potluck Dinner - 6:30p	16 CP Dance - 11:30a Finance Committee: Annual Club Treasurers Training -1p Tuscany Board Meeting - 3:30p Wine Club - 7p	17 LE: ESMMPD - 8:45a & 10a ARC - 9a CP Dance - 10a Whole Food Plant Based POD - 12p	18 LE: Movie Matinee - 11a / 2p “ <i>Ophelia</i> ” CP Dance - 6:15p
19	20 LE: CPU Great Decisions - 10a Calabria Club - 10a Book Club -10:30a CP Photography Club - 6:30p Cribbage - 7p PBX III - 7p	21 HOA Board Executive Session - 9a <u>Ticket Tuesday</u> 10a TIP Tuesday - 10a HOA Board Open Working Meeting - 10:15a LE: Board Game Night - 6:30p Wine Club - 7p	22 Quilting - 9:30a Shalom - 9:30a Support President Trump- 1p Women’s Bible Study-1p ARC - 3p TIP Board Meeting-3p	23 Scarlet Dames - 10a Women’s Bible Study-10a Shalom Club - 6:30p	24 LE: Will Review NC Planning-9a LE: Club & Group Expo-2p	25 LE: Movie Matinee - 2p “ <i>Cold War</i> ” LE: Health & Wellness Fair –9a Poker Club Tournament - 9a Abby View Way - 6p
26	27 LE: CPU Great Decisions - 10a Christian Fellowship - 6:30p CP Performing Art - 6:30p Thriving In Place - 6:30p	28 LE: Stonegate Financial (2020 Forecasts Past & Present) - 10a Tuscany - 6:30p	29 AAEC - 6p	30 LE: Dream Read - 1p	31	FONT KEY Groups/Clubs HOA/Committees LE—Lifestyle Events

Weekly Events January 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Sports Nuts - 10:30a NFL - 12p CP Table Tennis - 1p Mah Jongg - 1p Kids Swim- 1-3p	Chinese Mahjong - 10a CPD: Jazz - 10:30a Kids Swim- 11a-1p CPD: Tap - 11:30a CPD: Stretch - 12:30p CPD: Beginning Tap -12:30p CP Connections - 1p Chess Club - 2p Water Aerobics-2p CP Table Tennis - 2p Line Dancing Club - 4p Mexican Train Dominos -6:30p Sure Shot Billiards - 6:30p CP Table Tennis - 7p	Bridge Workshop - 9:15a Ticket Tuesday - 10a CP Yarn Spinners - 10a CPD: Ballet - 10:30a It's in the News - 10:30a Veteran's Chorus - 11a Kids Swim-11a-1p CPD: Funky Jazz - 11:30a CPD: Co-Ed Tap - 12:30p Canasta Flexables - 1p Scrabble - 1p CP Table Tennis - 2p Social Bridge - 2p CP WW - 3:30p Pinochle - 7p Ballroom Dance - 7pm	<u>* (Only CPD Jazz & Tap for 1/1/2020)</u> Catholic Bible Study - 9:30a Double Six Dominoes - 10a Hand and Foot - 10a CPD: Ladies Perf Jazz - 10:30a Kids Swim-11a-1p CPD: Ladies Perf Tap - 11:30a DooWop - 1p Mah Jongg - 1p CP Table Tennis - 2p Free Fun Bridge - 2p Poker - 6:30p Chinese Mahjong - 6:30p CP Table Tennis - 7p	Art Group - 9:30a CPD: Movin' & Groovin' - 10:30a CPD: Men's Perf Tap - 11:30a Kids Swim-11a-1p CP Table Tennis - 2p Rummikub - 2p Water Aerobics-2p Duplicate Bridge - 6:30p Sure Shot Billiards - 6:30p Euchre Club - 7p	Kids Swim -11a-1p Pinochle - 12p Mah Jongg - 1p CP Table Tennis - 2p Ballroom Dance - 7p Hand and Foot - 7p	Water Aerobics-10a Kids Swim-11a-1p CP Table Tennis - 11a Movie Matinee- 11a Standard/2p CC Singles Club - 6p
						FONT KEY
						Lifestyle Fitness Groups/Clubs HOA/Committees Lifestyle Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Mat Pilates 8 -9a Chair Exercise 9-10a Aqua Fitness 9-10a	Cardio Strength 9-10a Aqua Strength 10-10:50a	Gentle Yoga 8:45a-10a Aqua High Intensity 9a Wellness Clinics* 12p Chair Exerc. 2:45p-1:30p	Jazzercise 9-10a Aqua Strength 10-10:50a Tai Chi/Qi Gong 12:45p-1:30p	Cardio Strength 9-10a Aqua Fitness 9a Chair Exercise 10:15a-11a	Gentle Flow Yoga 8:15-9:15a Zumba 9:30-10:30a

* Wednesday Wellness Clinics

January 8 Commit to be Fit - Creating a healthy routine to improve your overall fitness
January 15 Stretch and Flex - Preparing your body for the day with stretching exercises
January 22 Stay Strong, Live Long - Total Body workout using dumbbells
January 29 Mind over Matter - Exercises that challenge the mind

Bradford Hall

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 Hours: Monday-Saturday 6a-10p | Sunday: 10a-6p